

# WELCOME TO OUR PRACTICE

## PATIENT INFORMATION...

Date \_\_\_\_\_

Mr.  Mrs.  Ms.  Dr. First Name \_\_\_\_\_ M.I. \_\_\_\_\_ Last Name \_\_\_\_\_ Nickname \_\_\_\_\_  
Sex:  Male  Female Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Social Security Number \_\_\_\_\_  
Street \_\_\_\_\_ Apt. \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Tel.( \_\_\_\_\_ ) \_\_\_\_\_ Cell.( \_\_\_\_\_ ) \_\_\_\_\_ E-mail \_\_\_\_\_  
Did you find our practice online?  Yes  No Referred By \_\_\_\_\_  
Have you ever been a patient of our practice?  Yes  No Has a family member ever been a patient of our practice?  Yes  No  
Dentist \_\_\_\_\_ Medical Doctor \_\_\_\_\_  
Preferred Pharmacy \_\_\_\_\_ Tel. ( \_\_\_\_\_ ) \_\_\_\_\_  
Driver's Lic.# \_\_\_\_\_ Nearest relative not living with you \_\_\_\_\_ Tel.( \_\_\_\_\_ ) \_\_\_\_\_  
Employer \_\_\_\_\_ Bus. Tel.( \_\_\_\_\_ ) \_\_\_\_\_ Personal Payment Type:  Cash  Check  Credit Card  
In case of emergency, please contact \_\_\_\_\_ Tel. ( \_\_\_\_\_ ) \_\_\_\_\_ Relation \_\_\_\_\_

## WHO WILL BE RESPONSIBLE FOR YOUR ACCOUNT...

Self (If self, skip this section)  Spouse  Father  Mother  Other \_\_\_\_\_  
Name \_\_\_\_\_ S.S.# \_\_\_\_\_ Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Tel.( \_\_\_\_\_ ) \_\_\_\_\_  
Street \_\_\_\_\_ Apt. \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Driver's Lic.# \_\_\_\_\_ Employer \_\_\_\_\_ Bus. Tel.( \_\_\_\_\_ ) \_\_\_\_\_

## SPOUSE OR OTHER GUARANTOR INFORMATION (if different from above)...

Name \_\_\_\_\_ Relation \_\_\_\_\_ S.S.# \_\_\_\_\_ Birth Date \_\_\_\_\_  
Street \_\_\_\_\_ Apt. \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Tel. ( \_\_\_\_\_ ) \_\_\_\_\_ Employer \_\_\_\_\_ Bus. Tel.( \_\_\_\_\_ ) \_\_\_\_\_

## INSURANCE INFORMATION...

**Student:** .....  Full Time  Part Time  Not ..... School Name and Address \_\_\_\_\_  
**Marital Status:** ..  Married  Divorced  Widow  Single  Legally Separated \_\_\_\_\_  
**Employed:** .....  Full Time  Part Time  Retired  Not ..... Do you belong to a PPO or HMO?  Yes  No

## PRIMARY INSURANCE COMPANY...

**Insurance Type:**  Dental  Medical  
Employer \_\_\_\_\_  
Bus. Address \_\_\_\_\_  
Bus. Tel.( \_\_\_\_\_ ) \_\_\_\_\_ Plan \_\_\_\_\_  
Ins. Co. Name \_\_\_\_\_ I.D. # \_\_\_\_\_  
Address \_\_\_\_\_  
Tel.( \_\_\_\_\_ ) \_\_\_\_\_  
Group # \_\_\_\_\_ Group Name \_\_\_\_\_  
Insured Party \_\_\_\_\_ Relation \_\_\_\_\_  
Sex:  M  F Birth Date \_\_\_\_\_ S.S. # \_\_\_\_\_  
Street \_\_\_\_\_ City \_\_\_\_\_  
State, Zip \_\_\_\_\_ Tel.( \_\_\_\_\_ ) \_\_\_\_\_

## SECONDARY INSURANCE COMPANY...

**Insurance Type:**  Dental  Medical  
Employer \_\_\_\_\_  
Bus. Address \_\_\_\_\_  
Bus. Tel.( \_\_\_\_\_ ) \_\_\_\_\_ Plan \_\_\_\_\_  
Ins. Co. Name \_\_\_\_\_ I.D. # \_\_\_\_\_  
Address \_\_\_\_\_  
Tel.( \_\_\_\_\_ ) \_\_\_\_\_  
Group # \_\_\_\_\_ Group Name \_\_\_\_\_  
Insured Party \_\_\_\_\_ Relation \_\_\_\_\_  
Sex:  M  F Birth Date \_\_\_\_\_ S.S. # \_\_\_\_\_  
Street \_\_\_\_\_ City \_\_\_\_\_  
State, Zip \_\_\_\_\_ Tel.( \_\_\_\_\_ ) \_\_\_\_\_

## DENTAL INFORMATION...

Reason for today's visit \_\_\_\_\_ Are you in pain?  Yes  No, For How Long? \_\_\_\_\_

### Please indicate any of the following problems by checking off the corresponding box:

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Discomfort, clicking, or popping in jaw   | <input type="checkbox"/> Lost / broken filling(s)   | <input type="checkbox"/> Stained teeth         | <input type="checkbox"/> Difficulty closing jaw    |
| <input type="checkbox"/> Red, swollen, or bleeding gums  | <input type="checkbox"/> Teeth grinding / clenching | <input type="checkbox"/> Locking jaw           | <input type="checkbox"/> Difficulty opening jaw    |
| <input type="checkbox"/> A removable dental appliance  | <input type="checkbox"/> Ringing in ears            | <input type="checkbox"/> Bad breath            | <input type="checkbox"/> Loose / shifting teeth    |
| <input type="checkbox"/> Blisters / sores in or around the mouth   | <input type="checkbox"/> Broken / chipped tooth     | <input type="checkbox"/> Burning tongue / lips | <input type="checkbox"/> Food caught between teeth |
| <input type="checkbox"/> Prolonged bleeding from an injury / extraction  | <input type="checkbox"/> Gum disease                | <input type="checkbox"/> Toothache             | <input type="checkbox"/> Swelling / lumps in mouth |
| <input type="checkbox"/> Recent infections or sore throat  | <input type="checkbox"/> Other _____                |  |  |
| <input type="checkbox"/> My teeth are sensitive to: <input type="checkbox"/> Hot <input type="checkbox"/> Cold |   |  |  |
| <input type="checkbox"/> Sweets <input type="checkbox"/> Biting  |   |  |  |

Last dental exam \_\_\_\_\_ Last dental x-rays \_\_\_\_\_ Times a day you brush? \_\_\_\_\_ Times a week you floss? \_\_\_\_\_  
How would you rate your smile? (worst) 1 2 3 4 5 6 7 8 9 10 (best) Would you like whiter teeth?  Yes  No  
What type of toothbrush bristles do you use?  Soft  Medium  Hard

## MEDICAL HISTORY...

Are you in good health?  Yes  No • Height \_\_\_\_\_ Weight \_\_\_\_\_ • Are you under the care of a physician?  Yes  No  
 Has a physician or previous dentist recommended that you take antibiotics prior to your dental treatment?  Yes  No  
 Have you had any illness, operation, or been hospitalized in the past five years?  Yes  No  
 Have you ever had general anesthesia?  Yes  No • Have you, or a family member, had any unusual or serious reactions to general anesthesia?  Yes  No

### Do you have, or have you had, any of the following diseases, medical conditions, or procedures?

- |  |   |  |   |
|--|---|--|---|
| <b>Y N</b>   | <b>Y N</b>  | <b>Y N</b>   | <b>Y N</b>  |
| <input type="checkbox"/> <input type="checkbox"/> Rheumatic fever                        | <input type="checkbox"/> <input type="checkbox"/> Mental health problems                                      | <input type="checkbox"/> <input type="checkbox"/> Abnormal bleeding        | <input type="checkbox"/> <input type="checkbox"/> Kidney trouble                    |
| <input type="checkbox"/> <input type="checkbox"/> High blood pressure                    | <input type="checkbox"/> <input type="checkbox"/> Problems with immune system<br>(possibly from med. / surg.) | <input type="checkbox"/> <input type="checkbox"/> Bleeding tendency        | <input type="checkbox"/> <input type="checkbox"/> Sexually transmitted diseases     |
| <input type="checkbox"/> <input type="checkbox"/> Low blood pressure                     | <input type="checkbox"/> <input type="checkbox"/> Delay in healing  | <input type="checkbox"/> <input type="checkbox"/> Blood transfusion        | <input type="checkbox"/> <input type="checkbox"/> Contagious diseases               |
| <input type="checkbox"/> <input type="checkbox"/> Mitral valve prolapse                  | <input type="checkbox"/> <input type="checkbox"/> Hay fever / Sinus problems                                  | <input type="checkbox"/> <input type="checkbox"/> Blood disorder           | <input type="checkbox"/> <input type="checkbox"/> Infectious mononucleosis          |
| <input type="checkbox"/> <input type="checkbox"/> Heart murmur                           | <input type="checkbox"/> <input type="checkbox"/> Snoring   | <input type="checkbox"/> <input type="checkbox"/> Bruise easily            | <input type="checkbox"/> <input type="checkbox"/> Swollen ankles                    |
| <input type="checkbox"/> <input type="checkbox"/> Chest pain / Angina                    | <input type="checkbox"/> <input type="checkbox"/> Sleep apnea / CPAP  | <input type="checkbox"/> <input type="checkbox"/> Eye disease / Glaucoma   | <input type="checkbox"/> <input type="checkbox"/> Arthritis / Joint disease         |
| <input type="checkbox"/> <input type="checkbox"/> Heart attack(s)                        | <input type="checkbox"/> <input type="checkbox"/> Respiratory problems  | <input type="checkbox"/> <input type="checkbox"/> Jaundice / Liver disease | <input type="checkbox"/> <input type="checkbox"/> Prosthetic implant                |
| <input type="checkbox"/> <input type="checkbox"/> Irregular heart beat                   | <input type="checkbox"/> <input type="checkbox"/> Tuberculosis  | <input type="checkbox"/> <input type="checkbox"/> Hepatitis                | <input type="checkbox"/> <input type="checkbox"/> Joint replacement                 |
| <input type="checkbox"/> <input type="checkbox"/> Cardiac pacemaker                      | <input type="checkbox"/> <input type="checkbox"/> Emphysema   | <input type="checkbox"/> <input type="checkbox"/> Gallbladder trouble      | <input type="checkbox"/> <input type="checkbox"/> Osteoporosis / Osteopenia         |
| <input type="checkbox"/> <input type="checkbox"/> Heart surgery                          | <input type="checkbox"/> <input type="checkbox"/> Do you smoke or vape?<br>If so, how much a day _____        | <input type="checkbox"/> <input type="checkbox"/> Fainting spells          | <input type="checkbox"/> <input type="checkbox"/> Osteonecrosis                     |
| <input type="checkbox"/> <input type="checkbox"/> Damaged heart valves                   | <input type="checkbox"/> <input type="checkbox"/> Do you use chewing tobacco                                  | <input type="checkbox"/> <input type="checkbox"/> Convulsions / Epilepsy   | <input type="checkbox"/> <input type="checkbox"/> Stomach ulcers / Acid reflux      |
| <input type="checkbox"/> <input type="checkbox"/> Pneumonia / Bronchitis / Chronic cough | <input type="checkbox"/> <input type="checkbox"/> A history of marijuana or<br>other drug use                 | <input type="checkbox"/> <input type="checkbox"/> Stroke                   | <input type="checkbox"/> <input type="checkbox"/> GI troubles / IBS / Colitis       |
| <input type="checkbox"/> <input type="checkbox"/> Chronic fatigue / Night sweat          | <input type="checkbox"/> <input type="checkbox"/> A history of alcohol abuse                                  | <input type="checkbox"/> <input type="checkbox"/> Thyroid trouble          | <input type="checkbox"/> <input type="checkbox"/> Tumor or growth                   |
| <input type="checkbox"/> <input type="checkbox"/> Trouble climbing 1-2 flights of stairs |   | <input type="checkbox"/> <input type="checkbox"/> Diabetes                 | <input type="checkbox"/> <input type="checkbox"/> Cancer / Radiation / Chemotherapy |
| <input type="checkbox"/> <input type="checkbox"/> Anemia                                 |   | <input type="checkbox"/> <input type="checkbox"/> Low blood sugar          | <input type="checkbox"/> <input type="checkbox"/> Are you on a diet                 |
| <input type="checkbox"/> <input type="checkbox"/> Asthma                                 |   | <input type="checkbox"/> <input type="checkbox"/> Are you on dialysis      | <input type="checkbox"/> <input type="checkbox"/> Contact lenses                    |

## MEDICATION & ALLERGIES...

### Are you now taking:

- |   |  |   |
|---|--|---|
| <b>Y N</b>  | <b>Y N</b>   | <b>Y N</b>  |
| <input type="checkbox"/> <input type="checkbox"/> Nerve pills | <input type="checkbox"/> <input type="checkbox"/> Pain killers (including aspirin) | <input type="checkbox"/> <input type="checkbox"/> Muscle relaxers |
| <input type="checkbox"/> <input type="checkbox"/> Diet pills  | <input type="checkbox"/> <input type="checkbox"/> Tranquilizers                    | <input type="checkbox"/> <input type="checkbox"/> Insulin         |

### Please list any other medication(s) you are taking (including natural, herbal, or homeopathic products):

MEDICATION	DOSAGE	FREQUENCY	MEDICATION	DOSAGE	FREQUENCY	MEDICATION	DOSAGE	FREQUENCY

- |   |
|---|
| <b>Y N</b>  |
| <input type="checkbox"/> <input type="checkbox"/> Stimulants  |
| <input type="checkbox"/> <input type="checkbox"/> Antidepressants   |
| <input type="checkbox"/> <input type="checkbox"/> Blood thinners (Coumadin, Aspirin, Eliquis, Xarelto)  |
| <input type="checkbox"/> <input type="checkbox"/> Are you taking, or have you ever taken bone density meds, RANKL inhibitors or bisphosphonates such as Denosumab, Fosamax, Boniva, Actonel, IV-Zometa, Aredia, Reclast, Prolia, Xgeva, or Evista in the past 12 years? |

### Are you allergic to, or had a reaction to:

- |  |   |  |   |
|--|---|--|---|
| <b>Y N</b>   | <b>Y N</b>  | <b>Y N</b>   | <b>Y N</b>  |
| <input type="checkbox"/> <input type="checkbox"/> Penicillin                               | <input type="checkbox"/> <input type="checkbox"/> Sulfa drugs | <input type="checkbox"/> <input type="checkbox"/> Local anesthetic (numbing med) | <input type="checkbox"/> <input type="checkbox"/> Amoxicillin                     |
| <input type="checkbox"/> <input type="checkbox"/> Sodium pentothal / Valium / other tranq. | <input type="checkbox"/> <input type="checkbox"/> Aspirin     | <input type="checkbox"/> <input type="checkbox"/> Codeine or other narcotics     | <input type="checkbox"/> <input type="checkbox"/> Latex                           |
| <input type="checkbox"/> <input type="checkbox"/> Soy                                      | <input type="checkbox"/> <input type="checkbox"/> Eggs / Yolk | <input type="checkbox"/> <input type="checkbox"/> Sulfites                       | <input type="checkbox"/> <input type="checkbox"/> Do you have any known allergies |
- Please list any other medication or antibiotic you are allergic to: \_\_\_\_\_  
 Please list any allergies other than drug allergies: \_\_\_\_\_

**1-4 below for women only:** (Women note: antibiotics (such as penicillin) may alter the effectiveness of birth control pills. Consult your physician / gynecologist for assistance regarding additional methods of birth control.)

- 1) Is there a possibility of pregnancy?  Yes  No      2) Expected delivery date: \_\_\_\_\_  
 3) Are you nursing?  Yes  No      4) Are you taking birth control pills:  Yes  No

I certify that I have read and I understand the questions above. I acknowledge that my questions, if any, about the inquiries set forth above have been answered to my satisfaction. I will not hold my doctor, or any other member of his / her staff, responsible for any errors or omissions that I have made in the completion of this form.

**X** \_\_\_\_\_ **X** \_\_\_\_\_ **X** \_\_\_\_\_  
 Signature of patient (Parent or Guardian if Minor)      Reviewed by      Date

## FEES & PAYMENTS

We make every effort to keep down the cost of your care. You can help by paying upon completion of each visit. Other arrangements can be made with our office manager depending upon special circumstances. An estimate of the charge for any procedure or surgery you may require will be given to you upon request. If you have any dental and/or medical insurance we will be glad to fill out the proper forms, but please complete the identifying information on this form.

Please remember that insurance is considered a method of reimbursing the patient for fees paid to the doctor and is not a substitute for payment. Some companies pay fixed allowances for certain procedures and others pay a percentage of the charge. **It is your responsibility to pay any deductible amount, co-insurance or any other balance not paid for by your insurance company.** You will be responsible for all collection costs, attorneys fees, and court costs.

I permit the office to communicate with me via text message on my cell phone.

**X** \_\_\_\_\_ **X** \_\_\_\_\_  
 Signature of patient (Parent or Guardian if Minor)      Date

This signature on file is my authorization for the release of information necessary to process my claim. I hereby authorize payment to this doctor named of the benefits otherwise payable to me.

**X** \_\_\_\_\_ **X** \_\_\_\_\_  
 Signature of patient (Parent or Guardian if Minor)      Date

I hereby acknowledge that a copy of this office's Notice of Privacy Practices has been made available to me. I have been given the opportunity to ask any questions I may have regarding this Notice.

**X** \_\_\_\_\_ **X** \_\_\_\_\_  
 Signature of patient (Parent or Guardian if Minor)      Date

## SMILE ASSESSMENT FORM

Please consider each statement carefully and circle YES or NO. The doctor and members of the dental team will discuss your responses with you in confidence.

- |   |     |    |
|---|-----|----|
| 1. I am concerned about the appearance of my teeth or my smile.                           | YES | NO |
| 2. I am concerned about the whiteness/lack of whiteness of one or more of my teeth.       | YES | NO |
| 3. I am concerned about the position or angle of one or more of my teeth.                 | YES | NO |
| 4. I am concerned about the shape of one or more of my teeth.                             | YES | NO |
| 5. In social situations, I am sometimes embarrassed by my teeth or my smile.              | YES | NO |
| 6. There are some things about my upper front teeth that I would like to change.          | YES | NO |
| 7. There are some things about my lower front teeth that I would like to change.          | YES | NO |
| 8. I have old fillings or previous dental treatment that is no longer satisfactory to me. | YES | NO |
| 9. I am missing one or more of my teeth.  | YES | NO |
| 10. I am interested in learning more about esthetic dentistry.                            | YES | NO |

Please use the space below to indicate any other problems, concerns, or questions. We will make every effort to listen attentively to your concerns so that we can present you with the best possible treatment options. Thank you.

**KENNETH M. VAN STRALEN, D.D.S.**

3111 Telegraph Corner Lane Suite 201

Alexandria, VA 22310

**APPOINTMENTS**

A minimum charge may be made to failed or cancelled appointments without prior notification of 48 hours. This fee covers only a portion of the overhead, such as salaries, electricity, heat, etc./ which must be paid whether you are here or not. Once an appointment has been made, please remember that this time has been reserved for you.

**PAYMENTS**

Payment for dental services rendered is due at the time of treatment or as mutually agreed. If it becomes necessary to refer this account to an attorney for collection, I hereby agree to pay attorney fees in the amount of the third of the amount of the debt. I also agree to pay 1.5% per month (18% per annum) in interest on my unpaid balance after 60 days.

**INSURANCE**

To avoid misunderstanding regarding dental insurance, we wish our patients to know that all professional services rendered are charged directly to the patient and that patients are personally responsible for payments of fees. We will prepare the necessary forms or reports to help you obtain benefits from your insurance company(ies).

PATIENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

Parent or Guardian if Patient is a Minor